



Physical Therapy Solutions

Uncovering the why behind what hurts.

Alan Pietruszkiewicz, MSPT
Owner

PT Solutions - Mechanicsville
(Saturday hours)

*Located across from
Memorial Regional Hospital*
8201 Atlee Road, Suite D
Mechanicsville, VA 23116
Phone: (804) 569-1787
Fax: 804-569-9787

PT Solutions - Downtown

*Located inside the
Richmond Ballet building*
407 E Canal Street
Richmond, VA 23219
Phone: (804) 840-0845
Fax: 804-980-7734

PT Solutions - Innsbrook
(Saturday hours)

*Located near the corner of Cox and
Broad and the Silver Diner*
4101 Cox Road, Suite 301
Glen Allen, VA 23060
Phone: (804) 716-0457
Fax: 804-716-0496

The Center for Work Performance
Elliot Skorupa, MSEP

*Located across from
Memorial Regional Hospital*
8201 Atlee Road, Suite D
Mechanicsville, VA 23116
Phone: (804) 569-1787
Fax: 804-569-9787

Patient Name: _____

Date: _____

Diagnosis: _____

Precautions: _____

EVALUATE AND TREAT

TREATMENT EMPHASIS

- ROM
- Strengthening
- Proprioception
- Core Stabilization
- Joint Mobilization

MODALITIES

- As Indicated
- Electronic Stimulation / Ionto
- Ultrasound / Phonophoresis
- Vasopneumatic Compression
- Heat / Ice

PROCEDURES

- | | |
|--|---|
| <input type="checkbox"/> Work Conditioning /
Functional Restoration | <input type="checkbox"/> Sport / Dance Specific
Training |
| <input type="checkbox"/> Functional Capacity
Evaluation | <input type="checkbox"/> Slow Motion Video Analysis |
| <input type="checkbox"/> Functional Capacity
Evaluation with Permanent
Impairment Rating | <input type="checkbox"/> Orthotic Evaluation & Fitting |
| <input type="checkbox"/> Permanent Impairment
Rating | <input type="checkbox"/> Brace / Splint |
| | <input type="checkbox"/> Isokinetic (Biodex) exam |
| | <input type="checkbox"/> Dry Needling |
| | <input type="checkbox"/> OTHER _____ |

FREQUENCY

- Therapist Discretion
- _____ times per week for _____ weeks.

I DEEM THESE PROCEDURES TO BE MEDICALLY NECESSARY.

Signature: _____ Date: _____

www.PhysicalTherapySolutions.net

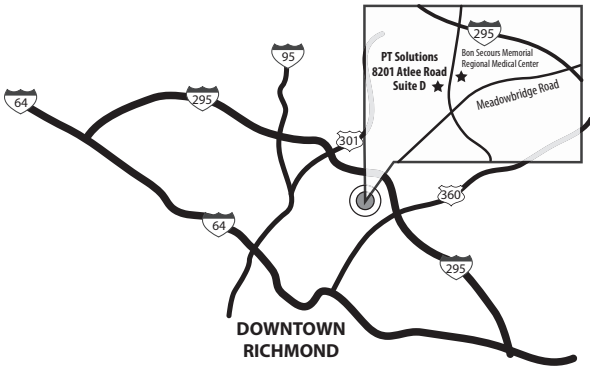
DO NOT EMAIL PRESCRIPTION The electronic prescription form is provided for your convenience. With respect to responding to this form, please do not send the prescription via email. Please populate, print and sign a hardcopy that may be faxed, mailed or hand delivered to the clinic.



Physical Therapy Solutions

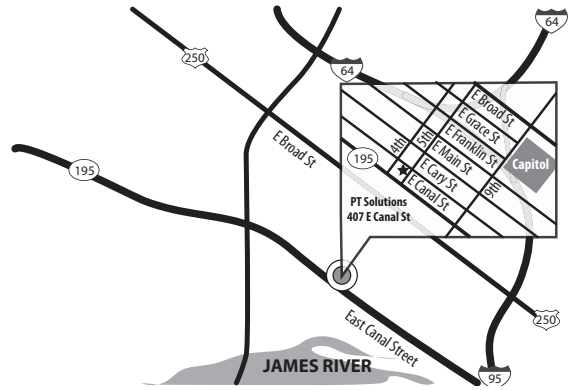
Uncovering the why behind what hurts.

LOCATIONS



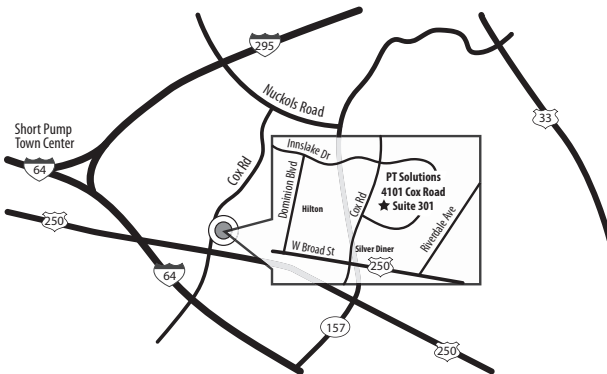
PT SOLUTIONS - MECHANICSVILLE (SATURDAY HRS)

Located across from Memorial Regional Hospital
8201 Atlee Road, Suite D, Mechanicsville, VA 23116
Phone: (804) 569-1787 Fax: 804-569-9787



PT SOLUTIONS - DOWNTOWN

Located inside the Richmond Ballet building
407 E Canal Street, Richmond, VA 23219
Phone: (804) 840-845 Fax: 804-980-7734



PT SOLUTIONS - INNSBROOK (SATURDAY HRS)

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4101 Cox Road, Suite 301, Glen Allen, VA 23060
Phone: (804) 716-0457 Fax: 804-716-0496

WE ARE EXPANDING OUR INSURANCE NETWORK DAILY AND THESE ADDITIONS MAY NOT BE UPDATED IN YOUR NETWORK DIRECTORY.

- Aetna
- Anthem
- Anthem Healthkeepers
- Cigna
- Key Advantage
- Mamsi/Optimum Choice/ MDIPA
- Medicare
- Optima Health
- Southern Health
- Tricare/ Tricare Prime
- United Healthcare
- All Workman's Comp Carriers